Crescent Rolls

From the Classified Files of The Farm Journal's Bread Cookbook

Requisite blog text: This is a Woltman tradition, my Mom makes them Thanksgiving and Christmas. Everyone likes them except for Mom $(\gamma)_{-}$

They're a good sweet roll, you should make them!

Ingredients

- 2 ¹/₂ tsp yeast (or 2 packets if that's more your speed)
- + $\frac{1}{2}$ cup warm water (between 110 to 115°F)
- ³/₄ cup milk (we use whole milk)
- ¹/₂ cup shortening (we use Crisco)
- ¹/₂ cup sugar (we use... sugar?)
- 1 tsp salt
- $4\frac{1}{4}$ to $4\frac{1}{2}$ cups sifted (yeah right) all-purpose flour
- 2 eggs
- $\frac{1}{2}$ to $\frac{3}{4}$ stick of melted butter

Directions

- 1. Sprinkle yeast on warm water and stir to dissolve. *Optional: throw a little sugar in there to make sure the yeast are alive, should see some bubbles.*
- 2. Scald milk.
- 3. Pour scalded milk, shortening, sugar, and salt into mixing bowl.
- 4. Let the milk mixture cool to lukewarm because you don't want to murder the yeast.
- 6. Beat in eggs and yeast
- 7. Gradually stir in enough remaining flour, a little at a time, to make a soft dough that doesn't stick to the sides of the bowl.
- 8. Put the dough on a lightly floured board or table, and knead until smooth, satiny, and no longer sticky (about 5 to 8 minutes)
- 9. Place in a lightly greased bowl; invert dough to grease top.
- 10. Cover and let rise in warm place until doubled, about 1 to $1\!\!\!\!\!\!\!^{1}_{2}$ hours.
- 11. Divide in half.
- 12. Roll the first dough ball out into a circle
- 13. Brush melted butter all over circle
- 14. Cut circle into 16 wedges, roll up each wedge from the outside to the center, then curve the ends to form a crescent shape (perhaps this is why they're called crescent rolls?)
- 15. Put on parchment paper-lined or greased cookie sheet and brush the tops lightly with butter.
- 16. Let rise again until doubled.

17. Bake at 350-375 until lightly golden.

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